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Published: May 2023. Featured on the front cover: Adrian Basendowski, a Luso participant.

Message From The President





Jack A. Prazeres
President and Chair,
Luso Canadian Charitable Society

In last year's Newsletter we shared our intent to position Luso Canadian Charitable Society for the future, and leverage our strong foundation in support of those living with disabilities.

Moving forward, we see our participants and their families aging, facing new, more difficult challenges, thus requiring different levels of support. Residential care for those with special needs is a critical priority. Families are struggling with lack of funding and inadequate services. They need our help. We are committed to being there for them. Luso's goals are to enhance and expand programs and services: to provide the critical residential housing needed by aging Luso participants and their families; and use our organizational capacity and resources to promote inclusive and integrated communities for those with special needs.

I am pleased to say, we are working to make those goals a reality!

Thanks to resolute community supporters, associations, corporations, governments and individuals we are *moving forward* with two permanent residential projects, designed to meet the needs of those with special needs; one in Hamilton and one in Toronto.

Both locations will be integrated with our current Day Program offerings and once completed, will accommodate 74 individuals in a safe, accessible and enriching environment, appropriate to their needs. We are committed to offer the dignity those with special needs deserve. No longer they will have to go to long-term care facilities or senior residences and stagnate from lack of stimulation and social interaction. Families will have the peace of mind and comfort that their children will be cared for!

We sincerely thank the many that have contributed to our journey to date and made a difference in the lives of individuals living with disabilities and their families. Luso has a history of steady progress and growth, thanks to the support of many. A dedicated Board of Directors, professional staff, committed volunteers and community members have enabled Luso to thrive and flourish. You have been an important part of our success to date, and we ask you to join us as we move forward with the essential work ahead.

Luso will always advocate for those with disabilities, to ensure their unique needs are not lost from the conversations around funding, medical care, or housing. Please add your voice to ours as we move forward, confident in our purpose and ultimate success. Thank you!

Mission

Luso Canadian Charitable Society is a community-based organization that supports individuals and families living with physical and/or developmental disabilities to achieve personal growth. We work in partnership with the broader community to provide access to information and person-centered programs and services that facilitate growth, choice, independence, and community inclusion.

Vision

We envision an inclusive community/society where people with physical and/or developmental disabilities have full access to equitable, responsive and sustainable supports and services; and where their unique gifts, differences and contributions are valued, welcomed and celebrated through their full participation in community life.

2022 Luso Canadian Charitable Society Board Of Directors

Executive Board	Directors		
Jack A. Prazeres, President	Alfredo Pita		
Joe Botelho, Vice President Tino Alves, Treasurer	Bernardino Ferreira		
Dante DiGiovanni, Secretary	Cesar Bras		
	Christine Rodrigues		
	David Mare		
	Erminio Oliveri		
	Filipe Ferreira		

Bernardino Horacio Leal Gerreira John da Costa Cesar Bras Julio DeJesus Christine Mario Nunes Rodrigues David Mare Otilia Prazeres

Filipe Morgado

Fortunato Manvati

Roger Mendes

Rui Ramos



2022 Luso Support Centre GTA Board Of Directors

Executive Board	Directors
David Mare, President	António Nunes
Tony do Vale, Vice President	Jack. A. Prazeres
Chantel Nascimento, Secretary-Treasurer	Melanie Da Silva
	Nuno Brito



Residential Building Campaign - Two Exciting Projects!

Hamilton



Located at 922 Main Street East, this project will include the renovation of an existing heritage church, plus the construction of 46 supported-housing units for those with special needs.

Once built, the property will also offer Luso Support Centre day programs.

Our new location is situated in a mixeduse residential and commercial area, close to our current Barton St. property. The location will support outdoor amenities, and community integration, with convenient access to services and transportation.

Purchased in February 2023, project design has commenced, and we look forward to construction the latter part of the year!

Support Luso's Residential Building projects!

Luso's Residential Building Campaign is the next steppingstone in the history of our organization and the community we serve. Over the past few years, we have been approached by many families who continually worry about who will take care of their children when they no longer have the physical or mental stamina to do so, or when crisis strikes and caregivers are gone.

Luso's two residential projects planned for Hamilton and Toronto will provide families the answer they seek. A caring home, built for Luso participants and staffed with the professional, quality staff Luso is known for.

Now - more than ever - your support is needed! Help us bring to life this worthy community project!

Donate at <u>www.lusoccs.org</u> or 905-858-8197 or scan the QR-Code!

Thank you for your support!

Toronto



To be located at 290 Old Weston Road. With the support of the City of Toronto, Luso will be able to purchase an entire floor in a new 30 story condominium, being built by I-Squared Developments Inc.

The Luso residential floor will accommodate up to 28 individuals and offer aging parents the opportunity to also purchase in the building, providing continued connection with their child!

The building will be part of an inclusive community, with access to services, transit and park land.

Support our Residential Building Campaign today!



Luso's 2022 Fundraising

Moving Forward in 2022, meant Luso stayed focused upon helping Luso families our commitment to move forward with strategic goals that meet the needs of those living with disabilities.

In 2022, with strong support from the community, volunteers, staff, Board of Directors and our sponsors and donors, Luso was able to break past fundraising records at the Annual Golf Tournament, the Annual Volta and other fundraising initiatives.

We sincerely thank the generosity of all donors, sponsors and supporters, who played a pivotal part of Luso's success! It is with this generosity of community that Luso can continue to deliver quality programs and services to persons living with disabilities, while moving forward to invest in much needed, infrastructure, facilities and equipment.



2022 Volta Luso Charities

In 2022, we were very glad to welcome everyone back at Volta. On July 10, more than 600 individuals joined us in Mississauga and Hamilton, in celebration of those with special needs.

Presented by LiUNA! Local 183, 2022 Volta Luso Charities was an immense success, with more than \$400,000 raised towards our programs, services and the upcoming residential projects.

We thank the entire community, all volunteers, sponsors, in-kind contributors, donors, participants, including our Luso Youth Coordinators, Victoria Ferreira and Savannah Inacio, who led more than 100 young persons from 13 to 17 years of age, to support those living with disabilities!

A special thank you to MDC Media Group, ACS Productions, Portuguese Cultural Centre of Mississauga, Peel Regional Police, Mississauga Fire and Emergency Services, Luso Golf, and all Luso friends! Sincere thanks to the many generous food donors – Cardinal Meats, O Nosso Talho, Ferma, Fortinos and Golden Grain Bakery.

At Volta, we introduced the Rock-It Redi-Mix Luso cement truck to the community. This beautiful truck displaying our Luso logo travels throughout the GTA, building awareness of those with special needs; plus a portion of the proceeds of each delivery are donated to Luso ongoing. Thank you Rock-It Redi-Mix for your generous support!

We hope to see you all back on July 16th, 2023 – Registration is open!



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LiUNA! Local 183 Donated \$135,000 To Luso

We are extremely grateful to LiUNA! Local 183 for their incredible ongoing generosity to Luso participants and their families. On November 14th, LiUNA! Local 183, one of Luso's enduring and most generous donors, presented two cheques, totaling \$135,000 in support of programs for individuals living with special needs.

A very special "Thank You!" to LiUNA! Local 183 for their many years of support and their ongoing commitment to building inclusive communities and making a difference in the lives of individuals living with disabilities.





2022 A Taste Of Portugal

On September 15th, Luso held our 3rd Taste of Portugal, in celebration of Portuguese culture. Sponsored by Comunidades Portuguesas/Ministry of Foreign Affairs of Portugal, our guests enjoyed wines from various regions of Portugal, generously provided by DOC Wine Imports, Madhu Wines, and Davenport & Vista, while listening to our amazing Portuguese guitarist Reno Silva.

A delicious array of cheeses, meats, breads and pastries was generously donated by Nova Pastry & Bakery, Leao D'ouro Restaurant Bar, Le Treport Wedding & Convention Centre, Garcia's Meat Products, Rocket Food Services Ltd and Ferma Import & Export Inc. Special thanks to the Portuguese Cultural Centre of Mississauga for providing us with in-kind support.

This event was a great success, with more than \$17,000 raised in support of Luso's programs.

Please join us at the next "Taste" in 2023!





14th Annual Luso **Golf Tournament**

On June 3rd, Luso held its 14th Annual Golf Tournament, presented by LiUNA! Local 183. More than 370 golfers joined us at Lionhead Golf and Country Club for another incredible day of fun and camaraderie, in support of persons living with disabilities. With the generous and tireless contribution of many sponsors, donors, participants and volunteers, over \$160,000 was raised towards Luso's programs and services.

Throughout the day, our golfers enjoyed numerous food experiences, including a wide variety of food trucks offering BBQ sliders, porchetta sandwiches, plus specialty food stations serving ice cream, IUPAT's espresso station, delicious Portuguese tarts and pastries from Nova Bakery, and BPA's beverage options, in addition to lunch and dinner!

Activities such as the Hole-in-one contests, sponsored by World Fine Cars and Mercedes-Benz Peterborough, Canal Block's putting contest and other skill testing stops throughout the course added to the fun and social camaraderie of the event. At end of day, another incredible seafood and steak dinner, held at the Portuguese Cultural Centre of Mississauga, was enjoyed by all.

We thank the many sponsors who generously supported us in many ways and made the day a success. Special recognition to the media for their ongoing support, to Lionhead Golf Club & Conference Centre for their professional support, the Portuguese Cultural Centre of Mississauga for hosting our dinner once again, and to all the contributors who supported this amazing day!











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Canada Day Celebration With Streetsville Lions Club

Our Canada Day Celebration was even more special thanks to our community partners. Luso received a generous donation of \$5,000 from the Streetsville Lions Club, in support of Luso programs.

Joining the celebration, on the Peel deck, was Brian Ertel, Public Education Officer with the Mississauga Fire and Emergency Services who brought bright red fire helmets for all our participants. We thank all the community members, volunteers, Luso participants and staff, who joined us on this beautiful summer day to enjoy a BBQ lunch and celebrate the country we are proud to call home!

It was a day well spent with many celebrations - and gratitude for Canada and the inclusive community we live in! A sincere Thank You to Streetsville Lions Club for their generosity!



Carpenters Local 27 and DALI Local 675 Supporting Luso

On February 25th, Luso welcomed Paul Daly, President and Local Union Coordinator, and Horacio Leal, Union Representative from Carpenters & Allied Workers Local 27; and Julio DaSilva, Trustee for Drywall Acoustic Lathing & Insulation Local 675, to our Toronto Centre for a tour of the facility and an opportunity to meet some of our participants.

We are grateful for their long-term support and the generous gift of \$25,000 presented to us, in support of Luso participants and their families.

Thank you Carpenters & Allied Workers Local 27 and Drywall Acoustic Lathing & Insulation Local 675 for being part of our successful journey to date!



End Of Summer Party Fundraiser

Luso sincerely thanks the Associação Cultural do Minho de Toronto (ACMT) for organizing the End of Summer Party Fundraiser, on September 4th, with proceeds to Luso.

Thank you to all the volunteers, participants and the entertainment ensemble (Lidia Sousa, Victor Martins, Carlos Martins, Cole Steenwyk, Tania Barbosa, ACMT's drum group, among others) that took part.

During this lovely day filled with entertainment for both kids and grown-ups, music, food and drinks, ACMT raised \$3,500 in support of Luso Canadian Charitable Society. Thank you all!



Winning At The Nick **Barbieri Charity Bocce Ball Tournament**

On August 18th, Luso was honoured to be a designated recipient charity, by LiUNA! Local 506 and the General Contractors Association of Toronto (GCAT), at the 29th Annual Nick Barbieri Charity Bocce Ball Tournament.

Luso participants, wearing their Luso Team Bocce shirts, enjoyed food, music and the opportunity to join in the Bocce Ball games. To our delight, we won three of our four matches.

During this amazing day Luso was the recipient of a very generous cheque for \$75,000, in support of our programs and services. We sincerely thank LiUNA! Local 506 and GCAT for a wonderful day of community support and further building awareness of the needs of those living with disabilities.







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Luso Thanks Our 2022 Distinguished Contributors

Luso is fortunate to have the support of several Distinguished Contributors. They are generous sponsors, donors and individuals in the community, that made large contributions during 2022.

With some lingering concern over Covid, Luso's operating revenues continued to be affected. These Distinguished Contributors went above and beyond to ensure that Luso's programs and services would continue to be delivered to participants and families, especially in these difficult times.

Luso extends our sincerest gratitude to the following 2022 Distinguished Contributors, for their amazing generosity.























Luso Wins With OLG Charitable Gaming And Local Gaming Centres







Luso Canadian Charitable Society is proud to be involved with the Ontario Charitable Gaming Association. Thanks to our volunteer involvement at Dolphin Gaming in Scarborough and the RAMA Gaming Centre in Mississauga, additional funds are made available to support our Day Programs.

We encourage you to visit the Dolphin and RAMA Gaming Centres and experience these two fantastic entertainment centres while supporting local charities.

Luso Canadian Charitable Society is grateful for OLG's support and the value it brings for those living with disabilities through our participation in the Charitable Gaming Association.

Luso Canadian Charitable Society 2022 Community Partners

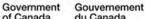
Luso thanks our valued Community Partners for their financial support throughout 2022, without which, our programs and activities would be significantly impacted. Our sincere Thank you!

















Employment and Social Development Canada

Emploi et Développement social Canada





F. K. Morrow Foundation

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Luso Canadian Charitable Society 2022 Sponsors and Donors

Diamond

BPA Financial Group Carpenters & Allied Workers Local 27 D.A.L.I. Local 675 I-Squared Developments LiUNA! Local 183 LiUNA! Local 506 **Mattamy Homes** National Bank Independent Network

Rockwell Toronto

Starlane Home Corp.

The Great Gulf Homes

Charitable Foundation

Tribute Communities Inc.

Trio Roofing Systems Inc.

Windmill Group Corp.

Vieira & Associates Insurance

Tectra Group Inc.

Construction

Rui Ramos

Brokers Ltd.

Platinum

Domingos Martins Heather Grand & Rick Arnone Peter & Lina Santos Family Portuguese Canadian Walk of Fame

Gold

Brampton Brick Calsper Developments Inc.

Capela Surfaces

IUPAT DC 46

Certainteed Gypsum Canada Inc.

Country Homes

Culture Philippines of Ontario

Elcrm Holdings Inc.

Elemental Controls Ltd.

Elem Rinomato

Filipe & Isabel Ferreira -Filipe Ferreira Personal Real Estate Corp.

Flato Developments Inc.

GFL Environmental Ltd.

I&A Professional Corp.

IC Savings

Joint Residential Construction

Association

Lacuno Art

Lions Club of Streetsville

LiUNA! Local 837

LiUNA! Local OPDC

Mary-Lou Rinomato

Mosaik Construction & Management Inc.

Procon Building Supplier

Residential Framing Contractors Association Of Metropolitan Toronto & Vicinity Inc.

Silver

2314707 Ontario Inc.

Adolfo Paulo AG Masonry

AECON

Alcino Antunes

Alegre Cabinetry

All Canadian Waste Disposal

Annabelle & Wilson Teixeira

Anycrete General Contracting

Aníbal Claudino

Araujo Custom Stone

Arlene & David Dougall

Ash Grove Cement

Beaver Landscaping

Benfica Construction Ltd.

Blair Building Materials Inc.

Brolaws Construction Inc.

Bruno Larizza

Canal Block

Cancian Construction Ltd.

Canvas Developments

Capelas Construction

Cesario Bras - Top-Line Roofing & Sheet-Metal Inc.

Darteck Construction

DECO Homes (Richmond

Hill) Inc.

DOC Wine Imports

Domingos Sereno

Doxim Inc.

Dr. Robert & Mrs. Beverley Mackenzie

Etmeco Ltd.

Eurowood Carpentry 2000 Inc.

Frank S. Alvarez

Joben Construction Ltd.

Julio DeJesus

Khanani Developments

Lucky Carpentry

Lusogolf Fundraising Inc.

M. Dimas Holdings Inc.

Manpower Demolition

Maple Spray Foam Insulation

Inc.

Mark & Cristina Marques

Masonry Contractors Association of Toronto

Medhat Mahdy

Mercedes-Benz Peterborough

Mike Donia - Donia Inc.

Molson Coors Beverage

Company

North Legacy Group Inc.

Oakville Stone

Onit Construction Inc.

Orfeão Stella Maris

Paul Clara - VineGroup

Paul Marques Architects Inc.

Perfect Level Master

Portuguese Cultural Centre of

Mississauga

Rock-It Redi-Mix Inc.

Romica Carpentry Ltd.

Routes Transport Group

Roy & Maud Cetlin

Roysun Contracting

S&P Developments Inc.

Sam McDadi Real Estate

Senso Building Supplies

Sheet Metal Workers & Roofers

Local 30

Silver Carpentry (1997) Ltd.

Superior Air Inc.

Sure Green Landscaping & Snow Removal Inc.

Target Drywall & Acoustics

Todd & Dawn Stewart

Tolin Construction

Management Ltd.

Trilend Inc.

Two Star Carpentry Contractors

Union Benefits

Venture Construction Services

Vila Building Group Ltd.

World Fine Cars Ltd.

Copper

1307277 Ontario Ltd.	Carlos Duarte	Foundation Building Materials	John & Penny Millar	Mare's Carpentry & Construction Inc.	Paimogo General Contracting Ltd.	Sixty2
1440252 Ontario Corp.	Carlos Teixeira	FPTV	John Chemilian	Maria Mallozzi	Paloma Healey	Skyway Roofing Ltd.
2496927 Ontario Inc.	Caruk-Hall Inc.	Francisco Romão	John DaCosta	Maria Rodrigues Melo	Patrick, Lise &	Solid Crafting Ltd.
A & M Masonry	Casa do Sport Lisboa e Benfica de Toronto	Frank & Sonia Ventresca	John Ganton	Maria Rosa Santos	Sebastien Dorian	Stella Ribeiro
A.M.A. Paving Ltd.	Chantel Nascimento	Frank Florindo	John's Butcher Shop	Maria Saraiva	Paula Domingos	St Marys Cement
Alcindo Boucinha		Fred & Antoinette Perruzza	Jonathon Boucinha	Marie Florindo	Paul DaCunha Architect	Stonecast Contracting Ltd.
Alexandra Valeri	Chappa Corner Cafe		Jones DesLauriers		Inc.	Structural Contracting Ltd.
Alice Mare	Cheryl Missiuna	Gina Paulo	Josephine Tsang	Mary Ferri	Paul Melo	Susana &
All 2B Safe	Christine Rodrigues	Granitek Masonry Ltd.	Karen Astaphan	Mary Pirrolas	Paulo Pereira	Constantino Pimenta
All Star Carpentry Inc.	Christopher Lanese	Grant Thornton LLP	Keith & Stephanie Grattan	Masters Insurance Ltd.	Paul Tiribelli	Sutherland Law
Allwood Carpentry	Cool 1 Auto Body Ltd.	Gremore Contracting Inc.	Kis Accounting Inc.	Melanie Da Silva	Paul Williams	Suzan Fortunato
Manufacturing	Corrado Carpenter Contractor Ltd.	Harold Seidel	Knights of Columbus	Melissa Roque	Peel Police Services Board	Terry Green
Ana Fernandes	CPMC Marquez Holdings	Hewson Brothers Building Supply	NO 9612	Melo Lift Inc.	Peel Regional Police	The Altamira Foundation
Angie Rutledge	Inc.	Hilti	L2 Contracting Inc.	MFG Precast Supply	Permacon	TMT Moving
Anne Stilman	Crawford Roofing Corp.	Homewise Innovations	LD Law LLP	Micaela Aguiar	Peter Fonseca	TORBSA Ltd.
An Shen	Cristina Santos	Corp.	Leao D'Ouro Restaurante	Michael Correia Construction	Pilbro III Inc.	Tracsteel Ltd.
António Nunes Francisco	Cynthia Da Costa	Humber Aggregates & Soil	Legacy Masonry		ProConcrete & Paving Ltd.	Trican Masonry Contractors Inc.
António Sousa-Pais	D11 - Stucco	Mixtures Ltd.	Leila Do Couto	Mikey Simas	Prodigy Construction Inc.	
Aruba Group	Dairy Farmers of Ontario	I&I Construction Services Ltd.	Leslie Espiritu	Mississauga Hardware Centre Inc.	Progressive Indoor Air	Upper Canada Native Art Inc.
Aryon Construction Ltd.	Daniela Peeva	IC Savings - Little Portugal	LeTreport Wedding &	Mitchell Sandham	Solutions Inc.	Valentin &
Associação Cultural Do	Dante Di Giovanni	Branch	Convention Centre Ltd.	Insurance Brokers	Ramiro Marquez	Anna Hortiguela
Minho - ACMT	David Duplin	Intact Insurance	LIFTco	MNF Restoration Inc.	Ranya Khouri	Ventresca Travel Agency Ltd.
Augusto Meneses	David Mare	Interior Systems	Linda Zaretsky	MNP LLP	RBC Royal Bank	Verdevez Construction Ltd.
Autosonic Service Station	David Wallace	Contractors Association of Ontario	Lino Tatone	Mortgages Clarified Inc.	Re/Max Ultimate Realty Inc.	Viana Roofing &
B&R Electric	David White	Inês Almeida Garrett	LMF Synergy Inc.	Nancy Aideira		Sheetmetal Ltd.
Bank of Montreal - Canadian Commercial	Debra Nucciarone	Isabel Capeloa	Louise Hamel	Naswire Inc.	Regional Insurance Services	Village Dallas Inc.
Banking	Downtown Lumber &	Isabel Rodrigues	Lucia Da Silva	National Bank	Renocorp Inc.	Vince Gomes
Beacon Roofing Supply	Building Supplies	Isabel Sinde	Lucia Melo	Nella Contardi	Rhonda Banyai	Viseu Marble Inc.
Bio Binz	Dr Tiffany Florindo	ISG Transportation	Lucy Cardoso	Nelson De Jesus	Ridgepoint Contracting	Viveiros Group
Black Creek Tiles	Dulce Cerqueira	J.M. Auto Electric	Luis Fortunato	New Generation	Robert D'Andrea	VPM Construction
BMIUC Local 1	Elisabeth Correia	Jacinta Ribeiro	Luis Mare	Woodworking Corp.	Roger Mendes	Walter Thornton
BMO Bank of Montreal	Elsa Amorim	Jacqueline M. Jensen	Luso Motoriders	Norfield Construction Inc	Ronald E. Starr	Yvette White
Brent Divell	Ema Antunes	Jacquenne M. Jensen James Caruk	M&L Construction	Nova Pastry & Bakery	Rutherford Contracting	Zelda Pyczek
Caixa Geral de Depositos	Erro-Wood Construction	,	Majestic Renovations	NPL Canada Ltd.	Ltd.	Zhuqing Jin
Caldense Bakery	Ltd.	Janice Furtado & Bryan Goncalves	Manny & Maria Simas	Nuno Rego	Saagar Construction	Zulmar Construction Inc.
Campbell Glass & Mirror	Eurostar Group Inc.	Jay Crouse	Manny Silva	Oleirense Masonry Inc.	Select Precast	Zumar Construction Inc.
Ltd.	Eva Tsang	Jeff & Diane Rushton	Manuel Fernandes	Olivia Saraiva	Senso Group Waste	
Canadian Concrete Masonry Producers	F.E.D. Construction Management Ltd.	Jiafeng Wang	Manuel Ferreira	Ontario Sheet Metal Workers' & Roofers'	Management Inc.	
Association	· ·	JME Entertainment Inc.	Manuella Toste	Conference	Servo Annex	
Canadian Construction	F1 Systems Inc.	Joe Botelho	Marc Tropper	Otília Prazeres	Sheldon Richman	
Workers Union	Ferma Food Products	,			Silva Drain Service Ltd.	

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Bronze

Abilio da Rocha	André Viana	Bob Trumbley	Chano Sonny	David Allan	Elsa Luis	Gabe Macaluso
Aderito Pimenta	Andy Dutra	Bon Falcone	Chantal Copithorn	David Arruda	Emanuel Domingues	Gary Fraga
Adriana DeMello	Angela Sebastiana	Bonnie Crombie	Chantel Trowbridge	David Ataman	Emily Botelho	Gary Gladstone
Adrian Hortiguela	Angelica Costa	Bramgate Volkswagen	Charlene Pierce	David Baptista	Enrique Angulo	Gary Roque
Adriao Homem	Anna Maria Andreucci	Brasco Developments Inc.	Charlie Guven	David Gajich	Enza Mancinelli	George Kosmopoulos
Agostinho Cortinhas	Anne-Marie &	Brian Casey	Chee Wah Chin	David Henriques	Enzo Antezza	Gerald Hedgcock
Agostinho Teotonio	Filipe Boucinha	Brian Fraser	Chelsea-Lynn McDougall	David Hyatt	Eric Chemerika	Geraldo De Melo
Aileen Bechamp	Anne Chemerika	Brian LeVoguer	Chris Brown	David Santos	Eric Rouleau	Gerald Vandergrift
Akbar Khoja	Ann May	Brick Warriors	Chris Packham	Deborah Bernardino	Eva Alves	Gilda Tomé
Alberto Goncalves	Anthony Conte	Brittany Borges	Chris Siegman	Delfin Costa	Felicidade Fresco	Gil Ribeiro
Aldo Martini	Anthony Guimarães	Brody Stevenson	Christine Dias	Dennis & Cathy Graham	Fernanda Gilbert	Gina Ranger
Alexandre da Costa	Anthony Legghio	Brooklynn &	Christine Russo	Deolinda Amaral	Fernanda Rocha-Dimas	Giselle Silva
Alexandrina Pereira	António & Graca Lima	Richenda Lake	Christopher Parada	Diana Belmonte	Fernando & Aura Tavares	Gloria Nelly Duque
Alexislynn LaRiviere	António Araujo	Bruna Mazzetti	Christopher Russell	Diane Cote	Fernando Correia	Gloria Persaud
Alfredo Carreiro	António Lopes	Bruno Ormeno	Christopher Toste Personal	Dimas Da Silva	Fernando Meira	Goncalo Antunes Pereira
Alice Facao	António Madureira	Bruno Ribeiro	Real Estate Corp.	Dima Shekim	Fernando Mendes	Goreti Sousa
Alice Ferreira	António Pacheco	Bruno Silva	Cidelle Cook	Dina Oliveira	Fernando Sousa	Grace Lioktsis
Alvaro Vieira	António Saraiva	Bud Veenstra	Clara Marcocchio	Dina Pedro	Filipe Faria Senra	Gracinda Leal
Amadeu Silva	António Sereno	Carla Morais	Clara Maria Fernandes Carvalho	Divya Ramlogan	Filipe Francisco	Graham Brown
Amanda Arruda	António Trindade	Carla Santos	Claudia Curic	DJAP Contracting Inc.	Filomena & José Manuel De	Greg Tino
Amanda Dumont	Arey Adala	Carlos Alves	Claudia Tedesqui	DNA General Contractors	Sousa	Gurpreet Ghag
Amin Farbod	Arlindo Martins	Carlos da Silva	Cody Chemerika	Inc.	Filomena Roque	Hana Peseil
Ana Arruda	Armando Dias	Carlos Leal	Connie Correia	Dominik Malysz	Filomena Tinebra	Harris Kostenas
Ana Bailão	Armando Terra	Carlos Luis	Connie Simas	Don Patoine	Filomena Verdone	Hatem Zarrouk
AnaBela Taborda	Arnold Borges	Carlos Manuel Tavares da Silva	Craig Grant	Doreen & Jeff Britton	FIRST Insurance Funding of Canada	Helder Correia
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Andreia Jesus	Belisanda Branco	Celia Alves	Danilo Ferraro	Eliana Catarina Santos	Fátima Furtado	Ifetayo Brooks
Andreia Pereira	Bella Matias	Celia Kolinsky	Danny Butler	Elicia Pires	Fátima Lopes	Ilda Costa-Sarnicki
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Sophie Lane

Spencer Buck



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Tim Clarke

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Pietro Manzo

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Rosemarie Crossett

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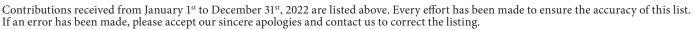
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Luso's PROGRAM

Each year, Luso's Ambassador Program supports our ongoing commitment to provide an interactive and supportive environment for participants to socialize, learn and grow. Since its inception in 2008, many individuals and organizations have joined as Ambassadors and helped make that commitment a reality. If you are interested in becoming a Luso Ambassador, please visit our website at www.lusoccs.org or contact us at info@lusoccs.org.

A huge Thank You! to our Ambassadors for helping Luso reach new heights, realize bigger dreams and advocate for those with special needs.

2022 Ambassadors*

A & J Faria-Kerr Family

BPA Financial Group

Canadian Council of Construction Unions

Capela Surfaces Inc.

Carlos Teixeira

Carpenters & Allied Workers Local 27

Dr. Robert and Mrs. Beverley Mackenzie

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Luso Helped Establish A Guinness World Record!

In September, Luso was a part of the historic and successful attempt at breaking the Guinness World Record, for the Largest Portuguese Folk Dance, organized by the Portuguese Cultural Centre of Mississauga under the name "Dance for Those Who Can't". For five minutes, 747 people danced to the sound of Vira (Portuguese Waltz). As one of the designated recipients of the proceeds raised, Luso sincerely thanks all involved and congratulates PCCM for this historic achievement! A special thanks to Luso volunteers who participated, including Sebastien Dorian (our participant) and his family, all long-time Luso Friends.







Visit From the Portuguese Consul General Sofia Batalha

On November 9th, all three Luso Support Centres received a very special visit; warmly welcoming Dra. Sofia Batalha to Toronto. The newly and temporarily appointed Consul-General of Portugal in Toronto learned more about Luso participants, our mission, programs, and the changing needs of individuals with special needs, as they age.

Luso is grateful for the Portuguese Government's generous, ongoing support for individuals living with disabilities and their families. Obrigado, Dra. Sofia Batalha!







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Luso's 2nd C MPASS CLUB

Luso held its 2nd Compass Club Ladies Event, at Le Tréport Wedding & Convention Centre, with all proceeds going to the Residential Building Campaign. More than 200 ladies enjoyed this lovely evening, which started with a Prosecco and Martini Reception, a Mercado showcase of unique items and a sale of pre-loved jewelry. Everyone enjoyed sampling and learning about each of the wine pairings that accompanied the four dinner courses. Over \$48,000 was raised in support of Luso!

The Compass Club aims to build awareness and support for families living with developmental and/or physical disabilities by celebrating and harnessing the power of like-minded women, and their many resources and contacts within the community. "Thank you" to all the ladies who participated and contributed to Luso's projects!















Luso Family Testimonials



Maria Lima

"Luso is special because we need a trustworthy, reliable and caring home like this in our community. Knowing my children stay here with the angels the staff are, gives me great peace of mind."



The Paterson Family

"A Residential Program run by Luso would be something that would offer us peace of mind. We are very happy now when Teddy comes to the Day Program and he's happy as well. If that feeling could be extended throughout a residential project, that would be ideal for everybody, allowing us to feel both relaxed and with the thought that he couldn't be cared for any better than that."



The Dorian Family

"What's special about Luso is the love we get from the staff, and that makes Luso a family and not just a program. And that makes the difference! Luso is important to us because of the daily love they put into our family."



Tina Marchese

"Luso is important to me because it provides my daughter with structure and purpose. She can go, engage with her peers and feel relaxed. There are no barriers or limitations and she's nurtured and cared for as much as she is at home. To describe Luso in one word, I'd say it is "supercalifragilisticexpialidocious" - and that says it all."

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The Faces

























































In Memoriam

Cheyenne Doxtator

Luso Support Centre Toronto said goodbye to Cheyenne, who sadly and very suddenly passed away, on October 21st, 2022.

She was a Toronto participant for 9 years, known for her bright, inquisitive personality and an extremely thoughtful manner towards her friends.

She is greatly missed by staff and friends.

Rest in Peace, Cheyenne.



Graça Lima

Luso said goodbye to Graça Lima on May 2, 2022. Graça was a very special member of our community, a tireless advocate for Luso, and dedicated mother of Alex, Kevin and Sara. Her two older children are long time E.C.H.O. participants at Luso Support Centre Hamilton.

She is deeply missed by her family, friends and all at Luso.

Rest in Peace, Graça.



Hazel McCallion (1921-2023)

With great sadness we said goodbye to our dear and special friend Hazel McCallion, in February 2023. Hazel was a true legend. Her legacy of leadership and social commitment is well known in Canada and internationally. Driven by a strong sense of civic duty and dedication for social issues, "Hurricane" Hazel was an example of sheer vitality, hard work, resilience, commitment and community responsibility.

Always an advocate for worthy causes and supporter of vulnerable members of society, her commitment was unwavering for individuals living with special needs.

Over the past many years, Hazel supported us in extraordinary ways, with her advocacy for our mission and passion for those with physical and/or developmental disabilities. She was tireless in her support of our fundraising events, such as Volta Charities or Golf. Displaying incredible energy, on many occasions she often took centre stage and spoke with passion about community needs. We were particularly proud of having held the 2021 Volta event in honour of her 100th birthday.

Understanding the need to support those with special needs, Hazel asked us to celebrate her birthday in 2023, with the sale of special, limited-edition commemorative bobbleheads, to be sold for \$100, with all proceeds going towards Luso's residential projects - visit our website for information! This was one of Hazel's final philanthropic wishes, and we are grateful beyond words for her legacy and the continuing support.

Our dear friend Hazel McCallion was a generous and caring individual committed to a stronger and more inclusive community. Rest in Peace, dear Friend!









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Volunteering With Luso



Luso is grateful for the many volunteers whose contributions add a variety of skills and activities to support our daily programming and organizational growth. Volunteers are an important part of the Luso Family and we thank them for continuing to make a difference among our community.

Ways to support Luso include:

- · making a donation (one-time, monthly or through your workplace),
- · offering to volunteer at programs and/or events,
- \cdot and being an advocate (follow us on social media and share our posts).

For more ways to get involved, scan the QR-code, visit our website at www.lusoccs.org or contact us at info@lusoccs.org.









Holidays And Special Celebrations

We never have dull days at our Support Centres! Participants enjoy learning about key occasions, preparing materials for commemorative dates and have tons of fun while celebrating special dates, with dances, singing along and lots of laughing!

Celebrating special dates makes our days with friends more special, and brings joy for both participants and staff!





















Luso's Art Programs, A Venue For Wellbeing And Participants' Entrepreneurship

Luso's creative programs are an essential aspect of our Day Program. They have many components and involve both sensory and knowledge-based learning. We utilize texture, shapes, structures, fabrics, *papier-mâché*, paints, noodle art, card making and jewelry, to name a few, as well as a focus on reusing recyclable materials. These programs are therapeutic in their own right and stimulate and inspire creativity in our participants.

Among the many wonderful talents shown by our participants, one that has proven very important to their well-being is their artwork. The focus and concentration put into developing their works of art allows them to explore and expand their personal creativity; while the sense of accomplishment enhances their confidence and self-esteem. The acknowledgment and appreciation of their talents is encouraging and motivating for them.

Participants' artwork such as paintings and handicraft are displayed throughout the Centers and are available for sale at Luso events, with all resulting proceeds going towards the purchase of additional art supplies and equipment. Recently, Luso participants have expanded their creative skills, through the use of a *Cricut** machine, to produce a wider variety of goods for their marketplace. Participants feel very happy and keen to play an active role in our fundraising efforts.

At our next event, don't miss the chance of acquiring our participant's artwork, all for a worthy cause!















Luso **Support Centre** Peel



Visit From MP Rechie Valdez

In August, Luso welcomed Rechie Valdez (MP for Mississauga-Streetsville) to our Peel Centre. During the tour she learned about the benefits of our Snoezelen sensory room, talked to our participants, who were looking forward to meeting her and enjoyed her company!

A few days after, she returned to join in a special presentation and present a certificate to honour Luso Peel's very first participant Paul, who recently marked a milestone birthday.

Luso sincerely thanks MP Valdez for taking time from her busy schedule to visit our Centre and learn more about Luso's participants and individuals with physical and/or developmental disabilities.







Cheering Hearts With Music Therapy!

Since July 2022, Luso Support Centre Peel has been enjoying music therapy lessons, led by Sandy Ludwig, Music Therapist and Director at Music4Life. Our participants are very engaged in playing various musical instruments; which brings out the most expressive smiles and a sense of therapeutic relaxation to everyone. Music therapy has positively impacted the abilities of some participants through singing or vocalization and body movement.

Dancing to the drums in Hawaiian-themed costumes, created a fun-filled day of laughter and positive energy. We thank Sandy for helping us brighten our days with music and movement.







Visit From MPP Tibollo And MPP Cuzzeto

During February, Luso Support Centre Peel was visited by Michael Tibollo (MPP for Vaughan-Woodbridge) and Rudy Cuzzetto (MPP for Mississauga-Lakeshore).

They had the opportunity to tour our facility, visit participants and discuss the challenges and needs of Luso families living with disabilities.

Thank you for your visit and ongoing commitment to help those with special needs!





Art Studio Crafts Program

In 2022, Luso Support Centre Peel reopened its art studio, an environment for creativity where participants create resin merchandise for fundraising purposes. They also create items on a *Cricut*[®] machine, with the help of staff.

Everyone enjoys spending social time and recognizes the value of creativity for building fine motor skills, and for fun!









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Luso Reflects On Remembrance Day

Our Luso Centre Peel participants marked the significance of Remembrance Day, with a solemn ceremony to reflect and give thanks for our country's rights and freedoms. Working together, participants used various materials to create wreaths and felt poppies. Everyone wrote a reflection on what our veterans, and peace means to them.

Each participant had an individual role to play during our November 11th ceremony, to which all caregivers were invited to attend. During the ceremony, participants carried candles, laid wreaths and read out their individual reflections, then took part in a two-minute silence, followed by recitation of In Flanders Fields. One participant proudly shared a photo of his 100-year-old grandfather who played a significant role during the war.

The emotion witnessed throughout the ceremony, was heartfelt. Caregivers and staff in attendance, expressed their thanks for the opportunity to attend a Remembrance Day ceremony, have time to reflect, and express appreciation for being Canadian. Participants worked together to reflect, remember and thank our fallen heroes in a memorable and an inclusive ceremony.





Visit From Councillor Brad Butt

In December, Luso welcomed the newly-elected City Councillor for Mississauga, Ward 11, Brad Butt, to our Peel Centre.

He shared season's greetings and reviewed participant artwork and preparations for our upcoming annual Festive Celebration with families. Thank you, Councillor Brad Butt, for dropping by and learning more about the Luso Canadian Charitable Society and our talented participants.



Visit From Sam McDadi

In May 2022, Luso welcomed Sam McDadi for a tour of Luso Support Centre Peel. Well known in the Greater Toronto Area for his innovative approach to the real estate business, we appreciated his interest in learning more about our participants and their needs. We sincerely thank Sam for visiting our Centre.



Luso **Support** Centre **Toronto**



Facelift At The Centre!

Keeping our property current, fresh and innovative to meet changing needs is a never-ending task! At Luso Support Centre Toronto we are constantly looking for ways to upgrade both the quality of programs and the environment for those living with disabilities. Last year, facing challenges of return to in-person activities and the need to accommodate more persons with disabilities and increase accessibility, we looked for ways to add usable space area to the Day Program and the Day/Overnight Respite Care Program. Our lower level program area recently got a face lift, making it more welcoming and relaxing for our participants. We are investing in newer, durable and safer technologies. Relocation of our computer lab shortly will add more care room capacity on the main level and utilize previously underutilized storage areas. But most exciting, is the addition of a new Snoezelen Room - a much needed investment. To be completed in Spring-2023, an expanded sensory experience will be accessible to more users and provide relaxation, and therapeutic stimulation, thanks to the support of an Ontario Trillium Foundation grant.

We look forward to these exciting changes coming to Toronto soon!







Having Fun While Building Empowering Skills!

Acquisition of skills (life-skills, technology training, arts and crafts, socialization, among many more) is a cornerstone feature of the Day Program.

For example, at Toronto our participants enjoy activities such as cooking, baking, shopping at local stores, learning about personal care and hygiene and emotional intelligence, surfing the internet, creating presentations, dancing, singing, math and history lessons, among many more empowering and inclusive activities!

We have increasingly focused on technology training, with positive results. Participants feel more empowered and independent; and comfortable with using smartboards, computers and tablet devices. With support they learn how to access internet, search information, music and entertainment, and embark on special projects such as individual and group presentations.

We sincerely thank all those who contribute to our technology training program, including Torlys Smart Floors, for having recently donated Microsoft Tablets ahead of Christmas 2022!





Reopening Of Overnight Respite Care

With the support of an Ontario Trillium Foundation grant and a very generous donation from i-Squared Developments Inc., Luso was able to reopen the Overnight Respite Care Program, in late-June, with new Covid-19 pandemic-related policies and protocols in place to protect everyone. Service resumed cautiously operating on a bi-weekly basis for quality and safety. By year-end, we had welcomed back 101 users for more than 200 booked nights.

We are currently operating the program in Toronto, bi-weekly, with a 10-bed capacity. Based on expressed demand and interest, we plan to extend the days of service and better accommodate families' needs.

The program was unavailable from March 2020 to June 2022. Many were eager for its resumption, since our program provides much needed relief for families with special needs.



Celebrating With Activities, Special Moments Always!

Our participants are never bored, they engage in lots of fun activities and celebrations. Participants are very keen to create materials for special dates and in partake in celebrations such as a wholeheartedly Valentine's Day, a leprechaun-approved St. Patrick's Day, the "eggstra" special Easter week, a spirited Portugal Day and Canada Day, a thoughtful Orange Shirt Day, a blessed Thanksgiving, and jolly season's greetings!

It is never dull here; participants are continuously engaged and arrive each day with a smile on their face in anticipation of another fun and productive day!







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Luso Support Centre Hamilton



Message From The President



MS

Joe Botelho
President, Luso Support Centre Hamilton

Message From Luso Support Centre Hamilton President

2022 was marked by positive energy and *TEAM* determination. There were a couple of first-time events geared towards program enhancement, announcements of future projects and, more important, steps were taken towards the implementation of the housing project in Hamilton for individuals living with disabilities. This was a plentiful year of concrete actions aligned with the vision and mission of our organization.

With the support of various community partners, we were able to invest in additional technology and support equipment for the Snoezelen room and other program areas. The program was also enhanced by generous contributions received at Hamilton's 1st Golf Tournament. This event was a huge success and showed the incredible capacity that our community, volunteers, families and staff members possess regarding helping those living with special needs.

In the face of Covid-19 social impacts, we learned to reflect on the need to bring people together and enhance their lives with more personalized responses to their unique needs. While social isolation increased the demand for adequate housing for persons with developmental disabilities, at the same time many families struggle to provide 24/7 care to their loved ones.

The upcoming housing project in Hamilton (see page 6) is a first step to support many families struggling with caregivers aging. We will depend on community involvement to see this project come to fruition. On this matter, I also congratulate everyone involved in Hamilton's 2022 Volta Luso Charities, the 1st time held in this city, with over 130 people joining us at Van Wagners beach, to support this campaign. This event will be even bigger and better in 2023, so mark your calendars for July 16th!

For the past 20 years, Luso Support Centre of Hamilton and a committed group of volunteers and staff, community members, business owners, unions, corporations and other organizations have worked hard to support vulnerable members of our community. I could not be prouder of what we have accomplished as a team, but I am also aware that the work is not done. Individuals living with disabilities need our support and our advocacy to have a life of dignity and inclusiveness.

I would like to thank you for your continuous support, for journeying with us. Please continue to support us, as we now need it more than ever!

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Zilda Ribeiro

^{*}Portuguese Support Services For Quality Living Inc.

2022 Luso Volta Charities Reached Hamilton!

For the first time Volta was extended to Hamilton. On July $10^{\rm th}$, about 130 people including families and participants of the E.C.H.O. program had a chance to stroll by the water, at Van Wagner's Beach Park.

The beautiful sun and gentle breeze made the 8km walk and the 12km ride look like a "walk in the park", raising about \$15,000 in support of Luso's Residential Building Campaign. Several E.C.H.O. program participants led the way with enthusiasm and commitment to a cause that is dear to them!

We thank the Royal Canadian Mounted Police for their presence, to all the volunteers and food providers, including the 80⁺ motorcycle riders for stopping by and highlighting the event.





1st Golf Tournament At Hamilton - \$72,000 Raised!

On September 10th, Luso Support Centre Hamilton held its 1st Golf Tournament, presented by Clare Interior Supplies Inc. The event was a great success, thanks to the generous support of many sponsors, participants, volunteers and a tremendous effort from our most enthusiastic committee members Joe Botelho, John Carvalho and Greg Daly. More than \$72,000 was raised for the completion of the new Snoezelen room at the Centre.

In addition to the joy of the sport, our participants enjoyed Portuguese treats such as chouriço, bifanas, natas, cod cakes, shrimp patties and beverages. A great BBQ lunch and a Prime Rib Golf Dinner were offered as well! Thank you to all volunteers, sponsors, participants, media and to Southbrook Golf & Country Club, for providing a memorable experience.

We look forward to welcoming everyone back September 15.







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Laughing In Support Of Charitable Causes!

Back in May, a very special night was held at the Zoetic Theatre. Portuguese Canadian Superstar Mike Rita performed an unforgettable comedy night, in support of Luso Support Centre Hamilton.

Thank you to LiUNA! OPDC and Locals 506, 837, 187 for presenting the event, and to Union Power Insurance Brokers for sponsoring. And a very special thank you to everyone in attendance for their support! Nearly \$18,000 was raised towards Luso Support Centre Hamilton!







Joining Us For A Portuguese Breakfast

In September, Luso Support Centre Hamilton held its 1st Portuguese Breakfast, presented by Governo Regional dos Açores and sponsored by several Portuguese businesses. This event was well received by the attendees, as an opportunity to come together, to taste original Portuguese food and learn more about tradition and Portuguese culture. It was a great atmosphere for a rainy day! Over \$5,700 was raised in support of our organization.

Thank you to all sponsors, volunteers and everyone that joined us for such a special breakfast!







Halloween Disco Party

Luso Support Centre Hamilton sincerely thanks Meghan Gracey (Realtor-Coldwell Banker) and Scott Gervais for having organized and presented the Halloween Disco Party (on October 29th) with proceeds going to E.C.H.O. program. Due to their initiative, \$1,660 was raised. Thank you, Meghan and Scott for being incredible advocates and helping build awareness about Luso and individuals with special needs. Great work!



50/50 Raffle

In 2022, Luso Hamilton held their second 50/50 raffle. Thanks to the many families and friends that supported the event we raised over \$24,000. The draw took place April 6 and the lucky winner took home a cheque for \$12,070. Thank you to everyone who participated.



E.C.H.O. Oscars

In September we held a very special event: the E.C.H.O. Oscars! Our participants prepared Oscar Statues and Hollywood stars. Dressing up like celebrities, they walked the Red Carpet and nominated each other for various award categories such as Best Friend, Best Artist and Best Dancer, among many others. Everyone received an award, in celebration of their unique and diverse talents. Every member of the Luso family is a Red Carpet Star!







2022 – Moving Forward

Luso Support Centre Hamilton 2022 Sponsors And Donors

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Contributions received from January 1st to December 31st, 2022 are listed above. Every effort has been made to ensure the accuracy of this list. If an error has been made, please accept our sincere apologies and contact us to correct the listing.

Mark Dalbello

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Luso Support Centre Hamilton Community Partners

Luso Support Centre Hamilton thanks its valued Community Partners for their financial support throughout 2022, without which, our programs and activities would be significantly impacted. Our sincere "Thank you!"







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Luso Canadian Charitable Society Thanks Our Media Partners

We sincerely thank all our many media partners for supporting us and following Luso's journey since its inception. Support from media is essential in spreading awareness about the challenges facing individuals living with disabilities and the mission of the Luso Canadian Charitable Society beyond the Greater Toronto and Hamilton Areas.

A sincere "Thank You!" to our esteemed media friends - you are a vital part of the Luso Family! We thank you for your past commitment and ask for your ongoing and continuous support as we move forward!







2022 - Moving Forward









Luso Support Centre Toronto

2295 St. Clair Avenue West Toronto, ON M6N 1K9 416-761-9761 info@lusoccs.org





Luso Support Centre Peel

6245 Mississauga Road Mississauga, ON L5N 1A4 905-858-8197 info@lusoccs.org



@lusoccs



760 Barton Street East Hamilton, ON L8L 3B1 905-522-4612 info.echo@lusoccs.org

Luso Support Centre Hamilton



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